

Total Health and Wellness: A Team Approach to Primary Care

Purpose

Total Health and Wellness is a nurse practitioner-led primary care office which focuses on the provision of evidence based medicine through an interdisciplinary team approach:

- Primary care to individuals of all ages through our adult and family NPs
- Mental health care through our psychiatric mental health NP and counselor
- Preventative care through our dietitian and certified diabetes educator
- Comprehensive chronic disease state education and management through our clinical pharmacist
- Plan management through close follow-up with our RN Care Coordinator
- Assistance through our licensed social worker when needed

Impact

To improve access to quality, team-based health care to the residents of the near east side of Columbus and surrounding communities

To educate students, from multiple disciplines, on team-based primary care and the provision of care to the underserved

To make a local impact by providing education and services within the community to vulnerable populations



Ohio State Colleges/Units Involved

College of Nursing
College of Pharmacy
Wexner Medical Center
OSU Family Practice

Community Partners Involved

Eldon & Elsie Ward Family YMCA
ENCompass
National Church Residences
Community for all People Methodist Church

How you can get involved:

- Promote OSU Total Health and Wellness in the community
- Promote health lifestyles for all members of the community
- Participate in our local community activities

To get involved, contact:

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<https://nursing.osu.edu/about-the-college/ohio-state-total-health-and-wellness>



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